

Han Hye-jin's Skincare Secrets Revealed for every Age

Published on 08 Sep 2025 | By IFI Correspondent



Han Hye-jin, a renowned Korean top model, has shared her age-based skincare regimen, offering insights into how her beauty routine evolves through different life stages. Collaborating with dermatologist Dr. Jang, she outlines a tailored approach to skincare that addresses the changing needs of the skin over time.

Teenage to Early 20s: Foundation and Prevention

In her younger years, Han emphasizes the importance of building a strong skincare foundation. Her routine focuses on gentle cleansing and hydration to maintain skin health. She incorporates skin boosters like Rejuran and Juvelook to enhance moisture levels, reduce fine lines, and improve elasticity. These treatments offer natural-looking results, with noticeable improvements peaking around two weeks, making them ideal before significant events. Additionally, she utilizes targeted lasers or peels to address post-acne marks when necessary.

Late 20s to Early 30s: Firmness and Contour Enhancement

As Han progresses into her late 20s and early 30s, her skincare routine shifts towards maintaining firmness and enhancing facial contours. She layers base-strengthening boosters with light lifting options to achieve subtle improvements over time. Treatments like ONDA lifting, which targets deeper layers using very high-frequency microwaves, and Levinas, which employs shockwaves to stimulate fascia-level collagen production, are integral to her regimen. These procedures aim to support the jawline and reduce double chin appearance, contributing to a more defined facial structure.

30s to 40s and Beyond: Intensive Hydration and Anti-Aging

Entering her 30s and beyond, Han's skincare routine becomes more intensive, focusing on deep hydration and anti-aging treatments. She continues to use advanced procedures like Thermage, Ultherapy, and treatments with devices such as 'Onda' and 'Revinus' to enhance skin elasticity, lift facial contours, and refine the skin's surface. These technologies collectively help achieve a youthful, radiant look, addressing the signs of aging effectively.

Han Hye-jin's age-based skincare secrets underscore the importance of adapting one's beauty routine to the skin's evolving needs. By integrating preventive care in her youth and progressively incorporating advanced treatments, she maintains her radiant appearance, offering a model for others to follow in their skincare journeys.

For more style updates & exclusive fashion stories follow indiafashionicon.com