

Unforgettable Moments from the 2025 MTV VMAs

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The 2025 MTV Video Music Awards (VMAs) delivered a night brimming with electrifying performances, heartfelt tributes, and unexpected surprises. Held at the UBS Arena in Elmont, New York, the event showcased the dynamic intersection of music, culture, and activism. Here's a detailed look at the most memorable moments from the evening.

1. Sabrina Carpenter's Tribute to Trans Rights

Sabrina Carpenter captivated the audience with a poignant performance of her new song "Tears," marking its debut at the VMAs. Surrounded by drag queens holding signs emblazoned with messages like "Dolls Dolls Dolls" and "In Trans We Trust," Carpenter used her platform to spotlight the ongoing challenges faced by the transgender community. In a powerful homage, she paid tribute to Britney Spears, further amplifying her message of inclusivity and support for marginalized voices in the music industry.

2. Busta Rhymes Honors Ananda Lewis

As he accepted the inaugural MTV Rock the Bells Visionary Award, Busta Rhymes took a moment to honor the late Ananda Lewis, a legendary MTV VJ who passed away in June. Rhymes spoke emotionally about Lewis's impact on the culture, stating, "She loved us very much when we came to MTV during the '90s... She loved the culture, she lifted us up." His heartfelt tribute underscored the deep connections formed within the music community and the lasting influence of pioneers like Lewis.

3. Rosé and Ariana Grande Advocate for Mental Health

Rosé, marking her first solo win for Song of the Year with "APT," used her acceptance speech to emphasize the importance of mental health care. She credited her therapist for helping her persevere through challenging times, stating, "As my therapist tells me to do every day, I'd like to thank myself for not giving up." Later in the evening, Ariana Grande echoed similar sentiments during her acceptance for Best Pop Video, thanking her "therapist and gay people," highlighting the significance of self-care and community support in her journey.

4. Megan Stalter's Quirky Dunkin' Commercial

Comedian Megan Stalter brought her signature eccentricity to a Dunkin' commercial aired during the VMAs. Donning a peculiar hat and sporting bejeweled nails, she introduced artist Sombr in her uniquely comedic style. Her offbeat humor and memorable catchphrase, "Hi, Miss Jealous," added a lighthearted touch to the evening's festivities, showcasing the VMAs' embrace of diverse comedic talents.

5. The Hunting Wives' Unexpected Appearance

In a surprising crossover, Malin Akerman and Brittany Snow, stars of Netflix's hit series *The Hunting Wives*, made a special appearance at the VMAs. The duo introduced a performance by Alex Warren, sparking excitement among fans of the show. Their presence on the red carpet fueled rumors about a potential second season, adding an element of intrigue and anticipation to the night's events.

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