

Taylor Momsen Flaunts Toned Abs in Rock-Chic Look at VMAs 2025 Red Carpet

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Taylor Momsen Makes a Bold Entrance at the VMAs

Singer and actress **Taylor Momsen** turned heads at the **2025 MTV Video Music Awards red carpet**, flaunting her toned abs in a daring black ensemble that was equal parts rock star and high-fashion rebel.

The 32-year-old frontwoman of *The Pretty Reckless* proved she hasn't lost her edge, arriving in an outfit that celebrated her signature style: sultry, bold, and unapologetically powerful. The all-black look combined sleek tailoring with edgy cutouts, highlighting Momsen's sculpted midriff and making her one of the most buzzed-about celebrities of the night.

A Rock-Inspired Fashion Statement

Momsen's look featured a cropped, structured top paired with low-rise pants and a dramatic floor-length coat. The styling carried an unmistakable nod to her rock background while still fitting seamlessly into the high-glamour VMAs red carpet.

Her accessories—chunky silver jewelry, smoky eyeliner, and platform boots—further cemented the look's rock-chic vibe. Fans praised the outfit as a perfect representation of her evolution from former *Gossip Girl* actress to bona fide music and fashion icon.

Fans Applaud Taylor Momsen's Abs and Confidence

Unsurprisingly, social media lit up with reactions to Momsen's bold outfit. Hashtags like **#TaylorMomsen**, **#VMAs2025**, and **#RockQueen** trended throughout the evening as fans admired both her abs and her confident presence.

"Taylor Momsen just shut down the VMAs red carpet—those abs are insane," one fan posted on X. Another wrote, "She's the definition of rock glamour. Nobody else could pull this off like Taylor."

The praise highlighted how her fearless approach to style continues to resonate with fans across music and fashion circles.

Fashion Experts Weigh In

Critics applauded Momsen's look as a masterclass in staying authentic while embracing the demands of a high-profile red carpet.

"Taylor Momsen doesn't chase trends—she creates them," one stylist remarked. "Her VMAs look was edgy, sexy, and totally aligned with her rock persona."

By flaunting her abs in such a statement-making outfit, Momsen managed to stand out in a sea of glittering gowns and couture dresses, proving that individuality is still the ultimate red carpet currency.

A Defining Fashion Moment

Momsen's VMAs 2025 appearance marked another step in her ongoing evolution as both a style icon and performer. Over the years, she has carefully built a brand rooted in authenticity, fearlessness, and rock-and-roll glamour.

Her daring red carpet moment wasn't just about showcasing abs—it was about sending a message of confidence and individuality. In an award show filled with fashion risks, Momsen's look was a standout for its authenticity and impact.

Rock Star Energy Meets Red Carpet Glam

At the MTV VMAs 2025, Taylor Momsen reminded the world why she remains a force in both music and fashion. With her abs on full display and her style unapologetically bold, she proved once again that she's not afraid to take risks and redefine what red carpet glamour can look like.

Her look wasn't just daring—it was iconic, cementing her place as one of the most talked-about stars of the night.

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