

## Top 10 Beauty Tips You Should Swear By for Radiant Skin

Published on 18 Sep 2025 | By IFI Correspondent



Healthy, radiant skin starts with the right daily habits. BeBeautiful India shares ten essential beauty tips that every skincare enthusiast should follow. From cleansing routines to hydration and sleep, these tips are simple yet effective. By incorporating them into your lifestyle, you can maintain glowing, nourished skin while preventing common issues like dryness, breakouts, and dullness.

- **Double Cleanse Your Skin:** Begin with an oil-based cleanser to remove makeup and impurities, followed by a water-based cleanser to cleanse the skin thoroughly.
- **Never Skip Sunscreen:** Apply sunscreen with at least SPF 30 daily to protect your skin from harmful UV rays and prevent premature aging.
- **Apply a Face Mask Weekly:** Use a face mask suited to your skin type once a week to address specific skin concerns and maintain a healthy complexion.
- **Always Apply Lip Balm:** Keep your lips hydrated and protected by applying lip balm regularly, especially before lipstick application.
- **Exfoliate Your Skin Weekly:** Gently exfoliate your skin once a week to remove dead skin cells and promote a radiant glow.
- **Stay Hydrated:** Drink plenty of water throughout the day to keep your skin hydrated and healthy.
- **Get Enough Sleep:** Ensure you get 7-9 hours of sleep each night to allow your skin to repair and rejuvenate.
- **Maintain a Healthy Diet:** Consume a balanced diet rich in fruits, vegetables, and healthy fats to nourish your skin from within.
- **Use Non-Comedogenic Products:** Opt for skincare and makeup products labeled “non-comedogenic” to prevent clogged pores and breakouts.
- **Avoid Touching Your Face:** Refrain from touching your face frequently to prevent the transfer of dirt and bacteria that can lead to breakouts

For more style updates & exclusive fashion stories follow [indiafashionicon.com](https://indiafashionicon.com)