

## Why Milky Toners Are the Next Must-Have Step in Your Skincare

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Milky toners lie somewhere between an essence, a light moisturiser, and a toner.

They have creamy, feather-light textures that feel hydrating instead of sticky or heavy.

After monsoon humidity and alternating AC dryness, skin often feels stretched or irritated. Milky toners help restore comfort.

Some versions include exfoliating ingredients; others focus more on calm-down effects and barrier repair.

## What to Look For in a Good Milky Toner

- Ingredients like ceramides, hyaluronic acid, panthenol for hydration and barrier support.
- Brightening agents such as **niacinamide**, **rice water** etc.
- Soothing botanicals (e.g. chamomile, centella asiatica) that reduce redness or irritation.
- Lightweight texture that absorbs well and feels comfortable under makeup or in layered routines.
- Alcohol-free and gentle formulas, especially for sensitive or reactive skin types.

## **Best Milky Toners**

Here are several toners, along with what they do best:

Toner

Farmacy Honey Milk Hydrating Essence	Absorbs quickly.
Anua Rice 70 Glow Milky Toner	70% rice bran water + niacinamide. Brightens dullness, evens tone. Great for sensitive/oily skin.

**Key Ingredients / Benefits** 

Hawaiian white honey + ceramides. Hydrates, calms visible redness.

TonyMoly Wonder Ceramide Mochi Toner

Ceramides + panthenol + hyaluronic acid + centella. Gives plumped 
"mochi-like" softness.

Laneige Cream Skin Cerapeptide Toner &Ceramides + peptides + white tea leaf. Combines cream & toner benefits.MoisturiserStrong barrier support.

I'm From Rice Toner

~78% goami rice extract. Brightens, protects with antioxidants. Balances nourishment + hydration.

**Toner** Vitamin C + superfruit extracts. Targets dark spots, gives glow. Free of

**Key Ingredients / Benefits** 

**Clarins Bright Plus Dark Spot-Targeting** 

Milky Essence

**TIRTIR Milk Skin Toner** 

silicones & alcohol.

Chamomile + niacinamide. Soothes and brightens, especially useful in

polluted / AC environments.

**Milk Toner** 

Beauty of Joseon Glow Replenishing Rice Rice water + kaolin clay. Helps with pores, calms inflammation, light

exfoliation.

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