

Mandira Bedi Admits She “Still Gets Butterflies” Before Walking the Ramp

Published on 13 Oct 2025 | By IFI Correspondent



At Lakmé Fashion Week in collaboration with FDCI, veteran actress and style icon **Mandira Bedi** graced the runway for Payal Jain's *Paris Mon Amour* collection.

Even with years of experience under her belt, she confessed she still feels the flutter of nerves before stepping onto the ramp.

The Show & The Moment

Designer **Payal Jain** presented *Paris Mon Amour*, a collection inspired by the timeless romance and elegance of Paris. Mandira Bedi donned an elegant white gown as she walked for the show.

Her presence added gravitas to the runway, reinforcing how seasoned personalities still bring freshness to fashion events. Despite being a familiar face in fashion and media, Mandira revealed that the nervous excitement never really leaves.

Moreover, she said that walking the ramp is not just about walking—it's about bringing your full self: your confidence, vulnerability, and style.

Style & Confidence: Interlinked

To Mandira, personal style and confidence go hand in hand. She believes clothing is not just adornment; it's a tool to express how you feel and what you stand for. In her words, dressing with intention helps reinforce that confidence from within.

Thus, every outfit choice is deeply personal and meaningful.

Takeaways for Fashion Lovers

- **Experience doesn't erase nerves.** Even veterans feel butterflies.
- **Style is more than aesthetics.** Your clothing communicates mood and identity.
- **Vulnerability is strength.** To admit uncertainty publicly shows courage.
- **Authenticity connects.** When celebrities speak honestly, audiences listen.

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