

Prabal Gurung: From Nepal to Global Fashion Icon

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Prabal Gurung, the renowned Nepalese-American fashion designer, has carved a niche for himself in the global fashion industry. Born in Singapore and raised in Kathmandu, Nepal, Gurung's journey from his humble beginnings to the fashion capitals of the world is a testament to his talent, resilience, and vision.

Early Life and Education

Gurung's passion for fashion was ignited during his time in New Delhi, India, where he pursued his education at the National Institute of Fashion Technology. His early exposure to the vibrant colors and textures of Indian textiles significantly influenced his design aesthetic. After completing his studies, he moved to New York City. Thus he further hone his skills at the prestigious Parsons The New School for Design.

Global Influence and Collaborations

Gurung's influence extends beyond the runway. He has collaborated with various brands and organizations, including a product collaboration with MAC Cosmetics in 2014 and a collection with TOMS to support the Shikshya Foundation Nepal in 2016. His commitment to social causes is evident through his work with organizations like Maiti Nepal. [Prabal Gurung](#)

Recent Ventures and Memoir

In 2025, Gurung expanded his creative endeavors by launching his debut memoir, "Walk Like a Girl," which reflects on his journey from growing up queer in Nepal to achieving success in the fashion industry. The memoir delves into themes of identity, resilience, and the challenges he faced along the way.

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