

Top Hair-Growth Masks You Should Know in 2025

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While shampoo and conditioner lay the foundation of hair care, hair masks — deeper-treatment formulas you apply less frequently — are increasingly recognised for their role in growth and strength. As dermatologist Hadley King explains, “Many conditioning hair masks are formulated to improve hair-strand strength and resilience to breakage from heat styling and environmental stressors.”

In short: if you’re looking for fuller, healthier hair — especially when dealing with damage, breakage or thinning — a good mask can be a game-changer.

What Ingredients & Benefits to Focus On

- Growth-friendly ingredients: rosemary oil, pumpkin seed, coconut oil, castor oil, caffeine and peptides.
- Use-case tips: some masks strengthen weakened strands to reduce fallout; others focus on the scalp microbiome or volume for fine/thinning hair.
- Application advice: Many masks are meant for once or twice a week; some act as in-between treatments rather than daily staples.

Editor-Recommended Masks Worth Considering

Below are eight good options currently available (including affordable and premium choices), each suited to different hair-needs.

SEPHORA?COLLECTION Hair Sleeping Mask

?510

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Sephora India

Mamaearth Onion Hair Mask

?300

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Mamaearth + others

Wella?SP Repair Mask For Damaged Hair

?1,760

•

Nykaa + others

Pilgrim Argan Oil Hair Mask

₹584

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Amazon.in + others

Love Beauty & Planet Hair Mask

₹450

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Myntra + others

OGX Coconut Miracle Oil Hair Mask

₹1,417.50

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Brit Super Store

SEPHORA?COLLECTION Hair Sleeping Mask (duplicate)

₹510

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Sephora India

Mamaearth Onion Hair Mask (duplicate)

₹300

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Mamaearth + others

Here's a quick breakdown:

- SEPHORA?COLLECTION Hair Sleeping Mask: Ideal for an overnight intensive treatment—leave it in while you sleep for deeper repair.
- Mamaearth Onion Hair Mask: A budget-friendly Indian brand option with onion oil & plant actives—good for strengthening and reducing breakage.
- Wella?SP Repair Mask For Damaged Hair: Professional salon-grade mask for heavily damaged, styled or chemically treated hair.
- Pilgrim Argan Oil Hair Mask: Mid-tier argan oil mask—great for nourishing and smoothing the hair surface.
- Love Beauty & Planet Hair Mask: Eco-friendly vegan option for those who prefer sustainable packaging and gentle formulas.
- OGX Coconut Miracle Oil Hair Mask: All-rounder for damaged hair—rich coconut oil formula that's widely available.

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