

Microneedling: What You Should Know

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Microneedling has rapidly become one of the most sought-after skincare treatments in India and globally. Praised by dermatologists and beauty enthusiasts alike, this minimally invasive procedure helps improve skin texture, reduce scars, and enhance natural collagen production. The treatment works by creating controlled micro-injuries using fine needles, prompting the skin to repair itself — resulting in smoother, firmer, and younger-looking skin.

How It Works

During a microneedling session, a handheld device with fine, sterilized needles is gently rolled or stamped over the skin. These micro-punctures trigger the body's wound-healing process, which stimulates collagen and elastin production. Over time, this renewal process leads to a visible improvement in skin tone, texture, and elasticity.

Dermatologists often use microneedling to target common concerns such as acne scars, enlarged pores, fine lines, and uneven pigmentation. When combined with serums or platelet-rich plasma (PRP), it can deliver deeper rejuvenation and faster results.

Benefits of Microneedling

One of the biggest advantages of microneedling is its versatility. It suits most skin types and can be customized for different concerns. Regular sessions can lead to:

- Smoother skin texture
- Reduction in acne and surgical scars
- Minimized fine lines and wrinkles
- Improved absorption of skincare products
- Enhanced radiance and firmness

Unlike more aggressive procedures like chemical peels or laser resurfacing, microneedling offers minimal downtime. Most patients experience mild redness or swelling that subsides within a day or two.

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