

## Dr. Aasha Dipak Tupe: Transforming Holistic Wellness Through Gau Urja Health Services Pvt. Ltd. in Khatav

Published on 24 Nov 2025 | By IFI Correspondent



In a time when modern lifestyles lead to stress, chronic illness, and imbalanced health, **Gau Urja Health Services Pvt. Ltd.** has emerged as a transformative force in natural healing. Under the dedicated leadership of **Dr. Aasha Dipak Tupe**, Gau Urja is redefining wellness in Khatav and beyond by integrating the profound wisdom of **Panchgavya, Naturopathy, and Ayurveda** with modern healthcare understanding.

With compassion, clinical expertise, and a deep-rooted commitment to ancient Indian healing sciences, Dr. Aasha has built a trusted institution that focuses on restoring balance, vitality, and harmony in individuals and families.

Dr. Aasha's journey with Gau Urja began with a powerful vision — to reintroduce India's forgotten healing wisdom into modern life, making natural healthcare accessible, effective, and transformative.

Gau Urja believes that true health lies in the perfect balance of the three doshas — **Vata, Pitta, and Kapha**. Every treatment is designed to restore this harmony through natural therapies, lifestyle corrections, detoxification, and holistic dietary practices.

At Gau Urja, every healing plan is personalized and may include:

- Panchagavya-based therapies
- Panchakarma detox treatments
- Ayurveda & Naturopathy practices
- Lifestyle correction programs
- Disease-specific natural interventions
- Pure food & herbal formulations
- Mental, physical & spiritual alignment therapies

This integrative approach ensures deep, long-lasting wellness rather than just temporary relief.

With a team of expert Ayurvedic doctors, naturopaths, therapists, and wellness coaches, Dr. Aasha ensures that each patient experiences complete care and rejuvenation.

Since 2015, Gau Urja has achieved remarkable milestones:

- Treated **50+ chronic and lifestyle diseases**
- Connected **6+ expert doctors** across specialties
- Successfully served **5000+ patients**
- Published **130+ research papers**
- Established **2+ clinic centers**

Each achievement reflects the growing trust and impact Gau Urja has created in the natural healthcare sector.

Gau Urja was founded with a purpose rooted in compassion and real-life experiences. Following personal tragedies such as cancer and life-threatening health challenges, the founders realized the urgent need for **pure food, natural treatments, and holistic healing**.

Today, Gau Urja stands as a bridge between farmers and consumers, promoting chemical-free agriculture and building a sustainable, health-centered ecosystem.

### **Vision**

Reformation of social systems based on the power of Gau Urja.

### **Mission**

To provide natural treatment to **50,000+ families by 2030**.

### **Core Values**

Honesty, Quality, Caring, Integrity, Constant Improvement, Teamwork, Respect, Innovation, Passion, Empowerment, Diversity.

### **Ultimate Goal**

To contribute to a **Disease-Free India**.

Dr. Aasha Dipak Tupe continues to lead this movement with dedication, scientific understanding, and a heart committed to service.

Acknowledging her impactful contribution to holistic healthcare,

**Reseal.in and India Fashion Icon Magazine** have proudly selected

**Dr. Aasha Dipak Tupe** for their prestigious awards ceremony:

**“Maharashtra Business Icon 2025 / Maharashtra Style Icon 2025 / Maharashtra Fashion Icon 2025”**

This honor celebrates her dedication, expertise, and her remarkable service in promoting natural healing and wellness in Khatav and across Maharashtra.

The prestigious event will feature three esteemed chief guests:

- **Varsha Usgaonkar – Bollywood Actress**
- **Sonalee Kulkarni – Indian Actress**
- **Prarthana Behere – Indian Actress**

The ceremony is being organized under the leadership of:

**Sudhir Kumar Pathade, Founder & CEO, Sure Me Multipurpose Pvt. Ltd.**

Warm congratulations to **Dr. Aasha Dipak Tupe** on this well-deserved recognition!

Her dedication to natural healing, her commitment to promoting Ayurveda, Naturopathy & Panchgavya science, and her mission of building a healthier society make her a true pride of Khatav.

**For more style updates & exclusive fashion stories follow [indiafashionicon.com](http://indiafashionicon.com)**