

Fitness Founders: Nashik's First Ever Women-Focused Wellness Gym

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Fitness Founders Ladies Gym, founded by **Sneha Mahesh More**, has emerged as a trusted fitness destination designed exclusively for women. With a mission to empower females through strength, confidence, and overall wellness, the gym is setting new standards in women-centric fitness training. The gym is first ever Women's only wellness hub in Nashik city.

A Safe, Supportive Space for Women

Sneha More established the gym with the vision of creating a comfortable environment where women of all ages can pursue fitness without hesitation. The centre offers structured workouts, personal attention, and group sessions tailored to varied fitness levels.

Modern Equipment & Holistic Workouts

Fitness Founders is equipped with modern training machines and offers sessions that include weight training, cardio workouts, functional training, fat-loss programs, and flexibility routines. Sneha ensures constant guidance to help clients achieve sustainable and healthy results.

Empowering Women Through Fitness

Beyond physical transformation, the gym focuses on building discipline, mental strength, and confidence among its members. Sneha More's leadership has made Fitness Founders a symbol of women-led entrepreneurship and community-focused wellness in Nashik.

Selected for Maharashtra's Prestigious Awards

Recognizing her dedication and achievements, she has been selected for the prestigious "**Maharashtra Business Icon 2025 / Maharashtra Style Icon 2025 / Maharashtra Fashion Icon 2025**" awards.

This honour is being presented by *Reseal.in* and *India Fashion Icon Magazine*, celebrating Maharashtra's emerging entrepreneurs and artists.

Her selection marks a proud moment not only for her but also for the entire Maval region.

Presence of Renowned Film Personalities

The grand award ceremony will be graced by celebrated film personalities:

- **Ms. Varsha Usgaonkar** (Bollywood Actress)

- **Ms. Sonalee Kulkarni** (Indian Actress)
- **Ms. Prarthana Behere** (Indian Actress)

Event Hosted Under Expert Leadership

The event is being organized under the leadership of **Mr. Sudhir Kumar Pathade**, Founder & CEO of *Reseal.in (Sure Me Multipurpose Pvt. Ltd.)*, who continues to provide a national platform to Maharashtra's rising entrepreneurs, designers, and creative talents.

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