

Saree + Sneakers: How to Rock the Fusion Trend in 2026

Published on 14 Feb 2026 | By IFI Correspondent



The old rule that *sarees must be worn only with heels or traditional juttis* is being rewritten as fashion lovers increasingly pair this six-yard classic with **sneakers**, blending comfort with contemporary style in a bold fusion look. Once seen as a style no-no, the **sneakers+plus+saree trend** is gaining popularity on social media and fashion feeds, especially among younger women embracing an Indo-Western aesthetic.

Traditionally, sneakers were worn for walking or commuting before changing into dressier footwear — but that perception has shifted. Today, influencers and style editors alike are championing this pairing as a way to *modernise ethnic wear* while staying comfortable for everyday occasions like festivals, college events or casual outings.

How to Pull Off the Saree + Sneakers Look

Fashion experts suggest a few smart styling tips to make the combination look intentional rather than mismatched:

- **Choose the Right Saree Fabric and Drapes:** Lightweight fabrics like cotton and mulmul complement sneakers best, while structured drapes — such as the *belted or dhoti style* — add urban flair that suits casual footwear.
- **Pick Complementary Sneakers:** Classic **white sneakers** are versatile and balance well with most saree colours, while chunky trainers can make a bold street-style statement with casual or pre-draped sarees.
- **Balance Accessories:** Keep jewellery minimal and consider accessories like waist belts or crossbody bags to maintain a cohesive look that bridges traditional and contemporary vibes.

Where This Look Works

This fresh fusion is well-suited for a range of settings:

- **College and Casual Days:** A soft cotton saree with canvas sneakers feels effortless yet chic.
- **City Commuting and Travel:** Comfortable footwear helps women stay on the go without sacrificing style.
- **Street-Style and Festive Occasions:** Sneakers with playful or embellished elements can add an edgy touch even to festive outfits.

While some traditionalists may still prefer classic footwear, the saree+and+sneakers mashup reflects a broader fashion shift where comfort, creativity and confident self-expression take centre stage in 2026 style culture.