

Priyanka Chopra and Deepika Padukone Reveal Their Ultimate Beauty Secrets — No Makeup Required.

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Forget makeup! Priyanka Chopra Jonas and Deepika Padukone redefine beauty with self-care, happiness, and inner confidence.

Bollywodd story: When it comes to beauty, Bollywood icons **Priyanka Chopra Jonas** and **Deepika Padukone** are changing the narrative. These global stars aren't just admired for their looks, but for how they define beauty beyond cosmetics. From self-care rituals to mental well-being, both actresses encourage embracing your true self.

Priyanka Chopra's Beauty Secret: Happiness and Double Cleansing

Priyanka Chopra, who went from winning **Miss World 2000** to ruling **Bollywood** and **Hollywood**, believes happiness is the key to beauty. In a candid interview, she said, **"If you are happy, you will look your most beautiful."** For her, self-care is essential, even if it's just a few minutes a day.

One life-changing beauty tip she follows religiously? Double cleansing her face before bed. This habit, she says, helps remove makeup, dirt, and pollution from the day, keeping her skin fresh and healthy. She has been following this skincare rule since her 20s and swears by it to maintain her glow.

Deepika Padukone's Beauty Philosophy: Confidence from Within

Deepika Padukone, known for her elegance and **honesty** about **mental health**, defines beauty as **confidence** and **authenticity**. She believes beauty comes from feeling balanced and healthy — **both physically and emotionally**.

For Deepika, it's not about layers of makeup but the energy you radiate. In various public conversations, she's emphasized that your personality and mindset shape how beautiful you appear to the world.

Beyond Beauty Standards: Redefining Confidence

Whether it's **Priyanka's focus** on happiness or **Deepika's emphasis on inner strength**, both actresses remind us that beauty isn't about fitting into a mold. They have shattered stereotypes and shown the world that confidence, care, and kindness are the real beauty essentials.

Their journeys continue to **inspire millions, encouraging women** everywhere to prioritize well-being over societal expectations.