

## Radhika Madan's Easy DIY Organic Face Pack for Glowing Skin: Step-by-Step Guide.

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Get radiant, healthy skin with Radhika Madan's favorite homemade beauty remedy using simple kitchen ingredients.

**Bollywood fashion:** Bollywood actress **Radhika Madan** is admired not just for her stellar acting but also for her radiant, flawless skin. The actress, known for her roles in **Shiddat and Angrezi Medium**, recently revealed her go-to beauty secret — a **DIY organic face pack** that keeps her **skin smooth**, **glowing**, and **hydrated**. And the best part? You can whip it up in your own kitchen.

Radhika Madan's Natural Skincare Secret: How to Make Her DIY Face Pack at Home

If you're looking for a **natural skincare solution** that **brightens your complexion** and nourishes your skin, follow these simple steps:

## Ingredients You'll Need:

- 1.1 tablespoon gram flour (besan)
- 2. ½ teaspoon turmeric
- 3. 5-6 soaked almonds (peeled and crushed) OR 1 tablespoon almond powder
- 4. A few strands of saffron
- 5. 2-3 teaspoons rose water
- 6. 3-4 teaspoons milk

## **Preparation & Application:**

- 1. Combine gram flour, turmeric, almonds, and saffron in a bowl.
- 2.Add rose water and milk to form a smooth, thick paste.
- 3. Apply evenly to clean skin, avoiding the eyes.
- 4. Leave the face pack on for 15-20 minutes.
- 5.Gently rinse off with lukewarm water or milk, using circular motions to exfoliate.
- 6.Pat dry with a clean towel and finish with rose water and moisturizer.
- 7. This natural face mask leaves your skin refreshed, hydrated, and glowing.
- 8. Why This Face Pack Works: Benefits of Natural Ingredients

Gram Flour (Besan): Brightens and tightens the skin.

9. **Turmeric:** Fights inflammation and reduces redness.

10. Almonds: Provide essential nutrients and gently exfoliate dead skin cells.

11. Milk: Deeply moisturizes, leaving your skin soft and supple.

12. Saffron: Known for its skin-brightening and anti-aging properties.

13. Rose Water: Tones and soothes the skin.

Radhika's Beauty Mantra: Simple, Natural, Effective

For Radhika Madan, skincare isn't about expensive products but smart, natural choices that nourish from within. Her DIY face pack is easy to include in your weekly skincare routine, giving your skin a radiant, healthy glow without harsh chemicals.

If you're ready to embrace a natural approach to **beauty**, **try this simple remedy** — your skin will thank you!

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