

Alia Bhatt's Go-To Skincare Routine: 5 Beauty Essentials She Can't Live Without.

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From jade rollers to watermelon moisturizers, discover the skincare products **Alia Bhatt** trusts for a radiant glow.

Alia Bhatt's Skincare Secrets: 5 Beauty Products That Keep Her Skin Glowing.

Mumbai: Bollywood star **Alia Bhatt** is known for her naturally glowing skin and minimal makeup look. Fans often wonder about the beauty products behind her radiant complexion. Alia, being refreshingly candid, recently shared her skincare essentials on her YouTube channel, giving us a sneak peek into her vanity.

Here are the 5 beauty must-haves from **Alia Bhatt's** daily skincare regime:

1. Jade Roller: Calm & Sculpt

Alia starts her routine by using a **jade roller** (skin massager) along her cheekbones and jawline. This tool helps **boost blood circulation, reduce puffiness**, and provide a calming effect on the skin—an essential for early morning shoots.

2. Eye Cream for Tired Eyes

Dark circles from hectic schedules are real, and **Alia** combats them using the Farmacy Dew It All Total Eye Cream. She applies it gently around her eyes to tackle dryness and puffiness before applying other skincare products.

3. Watermelon Glow Niacinamide Drops

Alia swears by Glow Recipe's **Watermelon Glow Niacinamide Drops** to fight pollution and minimize fine lines. Niacinamide is a powerhouse ingredient that **hydrates, soothes, and rejuvenates her skin**, giving it that **healthy, dewy finish**.

4. Watermelon Juice Moisturizer

Hydration is key to **Alia's** glowing complexion. She applies the **Watermelon Juice Moisturizer by Glow Recipe** all over her **face, neck, and hands**. This **lightweight, fruity moisturizer** keeps her skin soft and hydrated during long shoots and travel.

5. ISDIN Fotoprotector Fusion Water Sunscreen

No skincare routine is complete without **sunscreen**, and **Alia** makes it non-negotiable. She uses **ISDIN Fotoprotector Fusion Water SPF 50, applying it generously**—even when indoors—to protect her skin from harmful UV rays and premature aging.

What Makes Alia's Routine Unique?

Alia's skincare mantra is simple: keep it minimal, use products that work, and protect your skin daily. Her routine doesn't rely on dozens of complicated steps but focuses on hydration, protection, and massage to maintain a healthy glow.

Alia Bhatt's beauty routine is proof that skincare doesn't have to be overwhelming. With a few well-chosen products and a consistent routine, radiant skin is achievable for anyone. Whether you're starting out or looking to simplify your skincare, Alia's essentials offer a great place to begin.

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